



**inspire**

wellbeing, ability, recovery

# PETERS DIGEST

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Spring/Summer 2023

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**Welcome to the Spring/Summer edition of the Peters Digest. We want to tell you about all the latest developments at Peters Hill and all the events we have planned.**

**We have had a very busy few months at Peters Hill with lots of outings, holidays and activities at scheme.**

**Our garden project is progressing well and we have all been enjoying the outdoor space together with barbeques and gardening.**

**We hosted our annual bake off which turned out to be a great day for all those that took part and attended.**

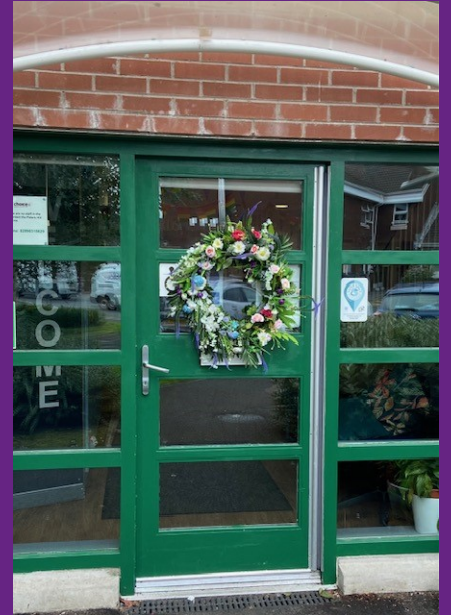
**We have been fortunate enough to host some volunteers at scheme which has been an amazing help to us and we are really grateful for their support.**

**ENJOY**

## Changes to the Staff Team

Welcome to all our new Support Workers:...

Normalyn Privado, Stephanie McGarrity, Donny Kingston-Trotman, Christofferson Auditor, Daniel Cooke, Sharon Frizelle, Wai Man Lai,



## Volunteering Day at Peters Hill

On Friday 5th of May we hosted 2 volunteers from BCM, who came in to work on the Peters Hill Garden with us. They were so enthusiastic and worked really hard painting our planters and preparing them for planting.

It was a great opportunity for them to meet our staff and the people who we support.

We made them a lovely lunch as a thank you for all of their hard work.

They must have enjoyed their time volunteering here as they have already been back and are planning another visit here soon.

We are delighted with the work they did and the skills they bring to our team.



## Kings Charles III Coronation—6th May 2023

Here at Peters Hill we enjoyed preparing our scheme for the celebrations of King Charles III Coronation.

We updated our welcome board in the foyer to show a painting of the beautiful golden carriage. On the day we had a party together and watched the coronation.



## Bird House Workshop...

Peters Hill were fortunate enough to be given three places on a workshop to make bird houses. We could not wait to get involved and enjoyed learning the process for woodwork projects like this. We had to measure everything out, cut and assemble it all from scratch!

The birdhouses are now proudly displayed in our garden! This was a great achievement and we can't wait to do some more workshops like this!

Thank you Belfast Tool Library for the workshop.



## Move more and Eat Well Funding..

On 25th April 2023, Peters Hill were invited to a decision making event for the £1000 Move More and Eat Well funding Initiative.

We were asking for the funding for our garden at Peters Hill. We made our table nice and colourful, with bunting and items made by the people who we support.

There was live music, games and food demos so there was lots to do—so we all had a great afternoon there. Finally we were allowed to vote for the funding and we are pleased to say we got the £1000, so we were delighted!

Thank you to everyone that came along to vote for us.



## Peters Hill Annual Bake Off ...

On 27th June 2023 we held our annual bake off at Peters Hill. It was a great day and competition was high!!

We were thoroughly entertained by a Ukulele band who agreed to play for us, they are absolutely amazing. – they really got the party started with singing and dancing.

All the entries for the competition were incredible and tasted delicious.

We managed to raise a staggering £640 and everyone had a brilliant day!

Well done everyone who took part and thank you everyone who attended and supported our event.







## Peters Hill Garden...

We want to update you on our garden at Peters Hill. We have been enjoying the outside space over the summer months., getting together for barbeques and socialising.

There has been a beautiful addition to the garden of our greenhouse. It has been brilliant using this for growing some fruit and vegetables, as well as trying to grow more flowers from seeds and cuttings.

We have added to our gnome gallery and have started a lovely fairy garden!

Our sunflowers are doing well and nearly ready for entry into the Blossoming Futures garden competition !



## Garden Show Ireland...

We were fortunate enough to be invited along with the Blossoming Futures group to the Garden Show Ireland at Antrim Castle. We were so lucky as the weather was beautiful, which really made the day extra special. All the displays and even the grounds of the castle really inspired us with our own garden here at Peters Hill.

We bought a couple of plants and a few sweet treats.

Thank you Blossoming Futures Team for inviting us.



## Holidays...

The people we support have been jet setting around on their holidays!! Taking in the sights and tours of Dubrovnik, Salou, Portugal, Manchester, Bristol, Cardiff, Liverpool, London, Newcastle, Portrush and Dublin. Enjoying the local cuisines and most importantly celebrating their birthdays!!

