



ROSSMORE ROUND-UP

ISSUE 2 • AUGUST 2023



ROSSMORE SUPPORTED LIVING

Rossmore Supported Living is based just off the Ormeau Road in South Belfast. We currently support seven females with intellectual disabilities. At Rossmore we are all about promoting independence and encouraging opportunities in the community and beyond.

ROSSMORE ROUND-UP

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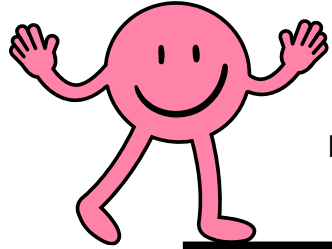
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Welcome

In this edition of the Rossmore Round-up we have plenty of pictures from trips out and even a birthday party. The ladies at Rossmore made the most of the sun in June and have kept busy throughout rainy July! We are also going to look at what some of Inspire's Values mean to the staff at Rossmore and how these are demonstrated through both our work and beyond.



We are Kind

"I think being kind is caring for each other and the people we support, even during difficult times"

-Conal

We are Determined

"Determination is an important aspect of the our job and when faced with challenges (which will always arise), it is important for us to be able to find a way to deal and cope with these challenges in a passionate manner"

-Carrie-Ann

We are Inclusive

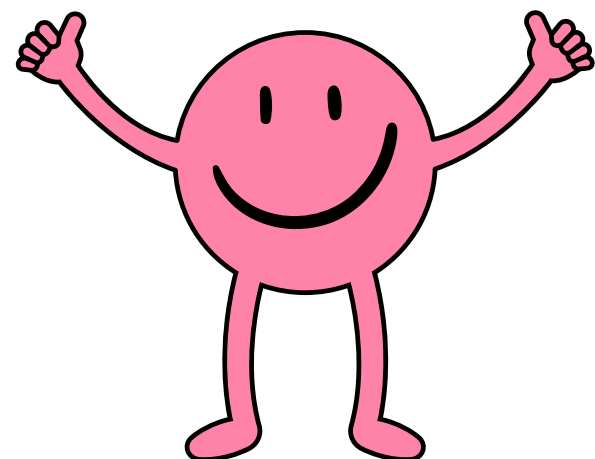
"Inclusivity is such a crucial aspect and an important value. To be able to promote independence and wellbeing with the people we support we must put them first, let their voice be heard and make sure it is continued to be heard!"

-Adam

We are Honest

"I think honesty should be part of everything we do and this should be reflected in our day to day lives. It can be difficult to be honest especially in hard situations but it will help in the long run"

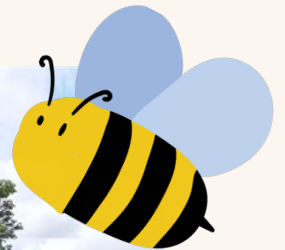
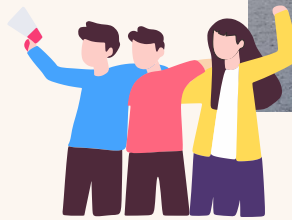
-Megan



DAY TRIPS



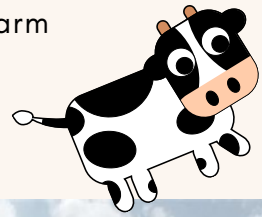
Samantha and Jayde attended Learning Disability Pride and had a great time!



Buzzing!



Fiona and Samantha visited Streamvale Farm



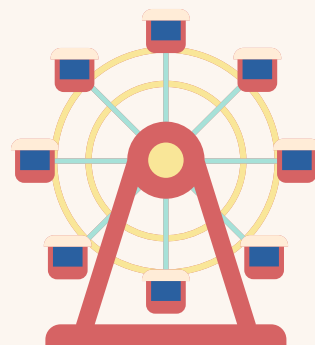
Kathleen enjoying a cup of tea at her favourite cafe!



Jayde took advantage of the sunny weather and brought her water pistol out...watch out!



Fiona and Samantha went round and round on a Ferris Wheel!



Fiona baking some scones

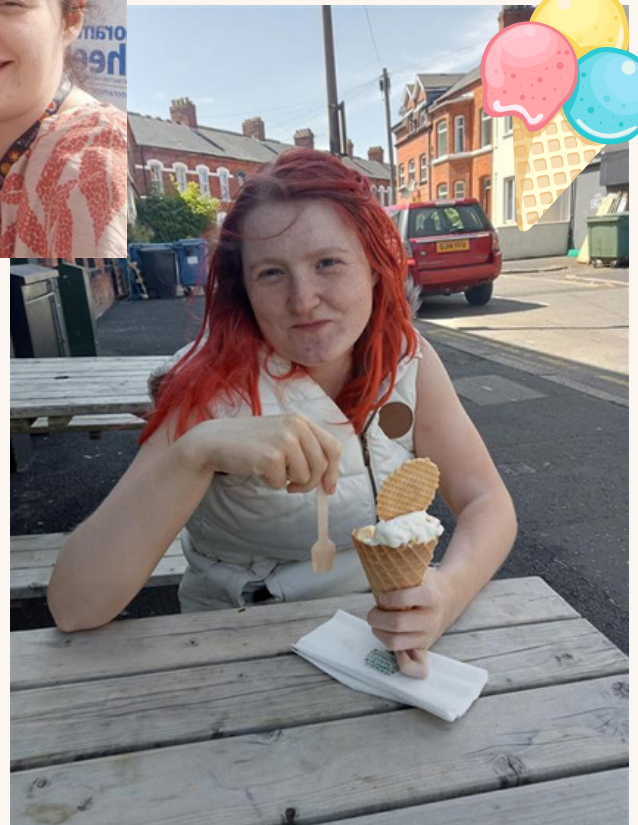


Kathleen enjoying her favourite cafe

Nice sunglasses Jayde!

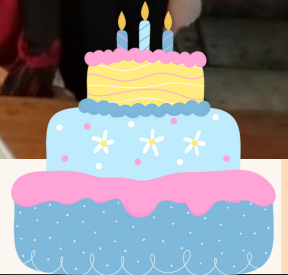


Chauntelle enjoying the sunny weather...and ice cream



PARTY TIME

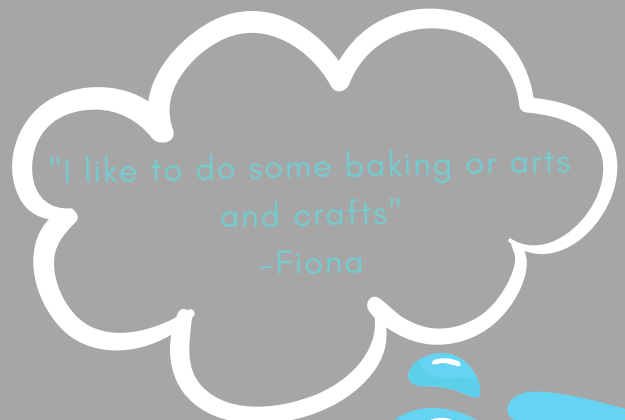
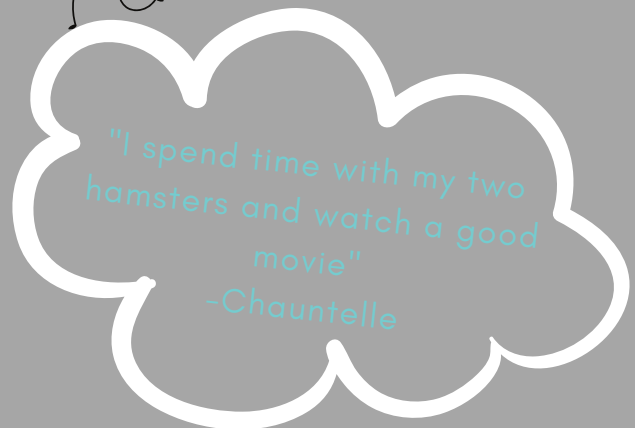
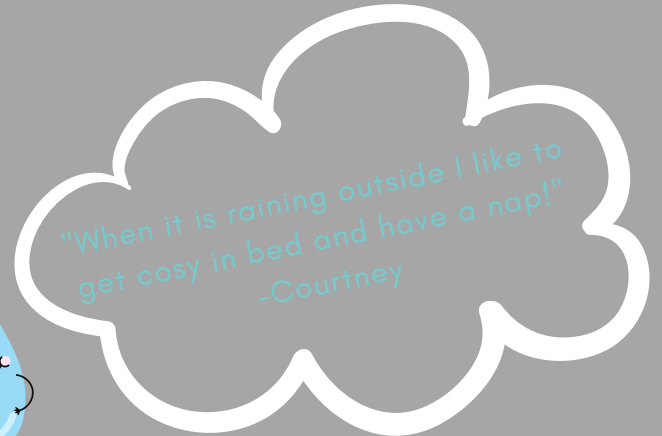
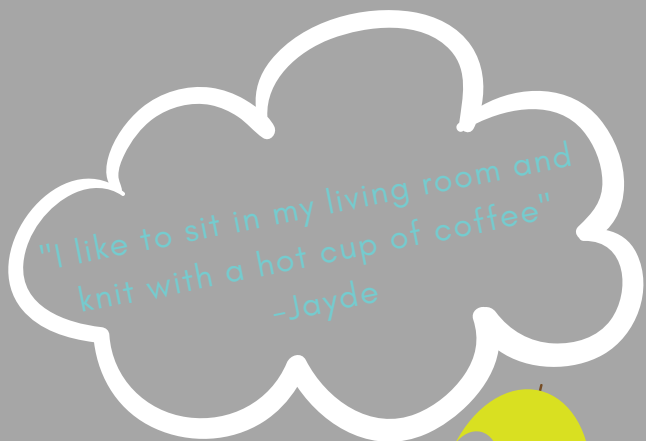
Samantha celebrated her birthday in June and had a great time with all of her friends !



WHAT IS YOUR RAINY DAY ACTIVITY?



It has been a VERY wet July, it feels like it has rained nearly every day! With this in mind we thought we would ask the question to our service users: What is your favourite thing to do in the house when it is bucketing outside?



GOODBYE

Well folks, that is the end of this edition of the Rossmore Roundup. We hope you enjoyed it and look forward to our next edition which will feature some spooky costumes and content from service users holiday trips! Bye for now!

